

# ESSENTIAL OIL - EXCHANGE -



## Exchange Essential Oil - 10 ml (0.33 fl.oz.)

A blend of the most remarkable oils for the respiratory system. Diffuse to strengthen the respiratory system. Inhale between palms. Use in a compress over respiratory area. Apply topically and for massage.

## Ingredients

100% pure, premium-grade, organic and wild-crafted oils of Pine, Marjoram, Lavender, Tsuge, Cypress, Peppermint, Spearmint, Eucalyptus: radiata, globules, and citriodora oils.

Note: Due to the supply of the raw materials, some oils may not be available during certain times of the year.

## Responsible cautions for using essential oils

- For topical and aromatic purpose only.
- Keep out of reach of children and away from eyes.
- Avoid use on infants and small children.

## General Methods of Application

- Inhalation
- Humidifier
- Topical
- Bath
- Laundry
- Bath Salt
- Shower etc.

