

# ESSENTIAL OIL - THYME -



## Thyme Essential Oil - 10 ml (0.33 fl.oz.)

Harvested in 1/3rd bloom, which Dana Clay Young discovered to be the perfect time - not pre-bloom or post-bloom. Steam distilled from leaves and flowers of the *Thymus vulgans* plant. Native to the Western Mediterranean area. Used by ancient Greeks to ward off infectious disease. Historically used for digestive and respiratory issues. Thyme can be found in toothpastes, mouthwash, cold remedies and cosmetics.

## Ingredients

100% pure, premium-grade, wild-crafted Thyme oil from Turkey.

Note: Due to the supply of the raw materials, some oils may not be available during certain times of the year.

## Responsible cautions for using essential oils

- For topical and aromatic purposes only.
- Keep out of reach of children and away from eyes.
- Store at room temperature and avoid sunlight.
- Do not use if you are pregnant.
- Do not apply directly on skin without diluting.

## General Methods of Application

- Inhalation
- Humidifier
- Topical
- Bath
- Laundry
- Bath Salt
- Shower etc.

