

# BLUEBERRY PULSE BAR



## Blueberry Pulse Bar - 2 oz

Take the edge off your cravings with multiple unrefined, raw, high-fiber, whole-food ingredients. No synthetics, no artificial flavoring or coloring, no preservatives. GMO-free and pesticide-free. Clean or organic ingredients. Great for a quick energy boost during workouts, a fast pick-me-up between meetings, or a healthy way to fill up without filling out. Great for dashboard dining or desk-drawer snacks. Pack a stack of Pulse Bars wherever you go, so you never have to miss a healthy, filling, guilt-free snack or meal.

## Ingredients

Dates, Raisins, Oats, Dried Blueberry, 8 Grain Mix (Barley Flour, Millet, Buckwheat Flour, Brown Rice Flour, Flax Seeds, Teff, Amaranth, Quinoa), Sesame Seeds, Sunflower Seeds, Cashews, Almonds, Walnuts, Pecans, Hazelnuts (Filberts), Prunes, Figs, Cherry Granules (1%), Cherry Powder (1.54%), AMPed Grapefruit, Beetroot Powder, Grape-seed Oil, Walnut Oil.

## CONVENIENT, AND DELICIOUS

Pulse Bars in different flavors feature our classic recipe for Pulse in a convenient bar—no crumbs, no mess—only convenient goodness. Take the edge off your cravings with multiple unrefined, raw, high-fiber, whole-food ingredients. No synthetics, no artificial flavoring or coloring, no preservatives. GMO-free and pesticide-free. Clean or organic ingredients.

### **Nutritionals per serving** \*Percent Daily Value Based on a 2,000 calorie diet.

Calories - 220

Carbohydrates - 35g

Protein - 5g

Fiber - 5g

Sodium - 0mg

Fat - 8g



FOOD FIRST™