



## GENERAL RESPONSIBLE CAUTIONS FOR USING ESSENTIAL OILS:

- Keep out of reach of children and away from the eyes and mucous membranes.
- If you feel sensitivity or uncomfortable warmth, dilute with vegetable oil or Massage Oil rather than water.
- Store oils tightly closed, at room temperature, and away from direct sunlight.
- Do not use oils near fire, flame, heat, or sparks.
- If you are under a doctor's care and/or are pregnant, please consult your health care professional prior to use.
- Note specific cautions on individual bottles of oil prior to use.
- Consult your health care professional prior to using on infants, small children, or pets.

*The statements in this catalog have not been evaluated by the Food and Drug Administration. The products in this catalog are not intended to treat, diagnose, cure or prevent any disease. Please consult your health care provider prior to making any dietary, nutritional, or exercise lifestyle changes.*